

# Meet James

James has a diagnosis of Autism and complex learning disabilities. Prior to moving to Bright Futures, James attended a specialist SEN school and was cared for by his parents in their family home.

With no verbal communication, James would use negative behaviours as his way of communicating his needs. He presented with multiple unmet and un-assessed sensory needs and would spend the school day in his underwear.

Although already in a specialist school environment, they were unable to continue James's education and his family were finding it increasingly difficult to manage. He was educated away from his peers, in a small classroom on his own, with no social interaction during his school day.

## Our Approach

James came to live at one of our Children's homes, just a short walk to his new Bright Futures School. To help him settle in, he began with daily short visits to school which steadily grew in duration and slowly began integrating with his classmates.

- Within the first year, James made significant achievements and we saw a reduction in physical aggression towards both himself and others.
- With the support of Shine Therapy alongside a personalised sensory diet he was able to demonstrate a better understanding of self-regulation and significantly reduced anxiety levels.
- James now enjoys staying over with his parents at their family home and their time together is of much more quality.

After turning 18, James transitioned to one of our adult residential homes. His academic progress continues to go from strength to strength at college, the functional skills he has been learning in the classroom have been instrumental in developing his independence skills into adulthood. James continues to live with us at Bright Futures, alongside some of his peers from college.

**James has a bright and exciting future ahead of him.**

