

Meet Timothy

Prior to Bright Futures, Timothy had erratic sleep patterns with significant and constant involuntary body movements. He required the use of a wheelchair to support his overall mobility, and suffered with significant weight loss, weighting only 46.2kg when he joined us.

Timothy had been out of formal education for two years, requiring high levels of support from agency nursing and caring staff on a 4:1 staffing ratio. He also needed regular, 2-hourly medication administered between 6am and 11pm 7 days a week, which left his routine often disrupted.

Understandably, Timothy demonstrated high levels of frustration and spontaneous aggressive behaviours towards himself and destructive towards his environment. Timothy was socially isolated with significant communication difficulties and struggled to use cutlery due to his presenting motor disorder.

Our Approach

- Since joining Bright Futures, Timothy now has much improved sleep patterns and has seen a significant improvement in his mobility, to the point where he no longer requires the support of a wheelchair.
- We have seen a significant healthy weight gain with Timothy, now weighing 64kg.
- He has successfully returned to full-time education and maintains the support of a consistent core staff team on a reduced 2:1 staffing ratio.
- His medication regime is now much less restrictive, which has provided much improved social opportunities whilst supporting better sleep patterns. This has led to lower levels of indiscriminate aggressive and destructive behaviours towards others and his environments.
- With improved communication, he is now able to use a knife and fork and also brush his teeth semi-independently with supportive prompts from his carers.
- Since attending more community events and activities, Timothy even met his TV hero, 'Mr Tumble' during a social event in Warrington which he really enjoyed.

Timothy really does now, have a much brighter future!

