

Bright Futures School Pathways Curriculum Stage 4

Learning, developing, engaging, participating, creating, exploring, interacting, achieving, succeeding and having the best life possible!

At Bright Futures School, our students in Stage 4 have the opportunity to study accredited learning programmes based on their intended pathways (A or B) from their studies at Stages 1 - 3.

Students will study a range of subjects including but not limited to:

- English including Functional Skills Programmes, Entry Level 1-3, and up to level 5.
- Communication including a range of Phonics programmes and communication devices to support non-verbal students (e.g. 'Speak for Yourself' Application AAC on iPad)
- Mathematics including Functional Skills Programmes, Entry Level 1-3, and GCSE's.
- PSHE (which includes British Values and SMSC learning)
- Personal Development.
- Physical Education including swimming, Duke of Edinburgh, optional sports and many more.
- · Life Skills and independent living.
- Employability.
- Career options such as Photography, Art, Food Technology, Sports, Hair & Beauty, Teaching, Administration and other personal interests from students.

The specialist teaching team in the Key Stage 4 provision work closely with the students care teams to promote transferring learning from the education environment to real-life situations. It is imperative that all work experience is chosen carefully by the student and their education and care team to ensure the student is successful and develops real job satisfaction and a wide range of experiences to choose from.

Exam boards that we use include:

Students are accredited for their work across the curriculum through a range of sources such as ASDAN, Equals 'Moving On', AQA, Arts Award, Science Award. Our Pathways (Key Stage 4) Curriculum provides the building blocks in preparation for transition into college provision. At Bright Futures School we strive to provide an engaging, exciting and personalised curriculum which awakens potential and supports our students to excel in their self-esteem and grasp how important they are as members of our school and the wider community.

				СОН	ORT A		
Suk	oject Are	eas		TERM 1	TERM 2	TER	M 3
FUNCTIONAL SKILLS ENGLISH		R	10	Identifying themes, analysis of structure and language, inferential reading. Focus on a 19th-century novel (e.g., A Christmas Carol by Charles Dickens). Understanding historical and social context. Developing comprehension and interpretation of themes, characters, and settings. Practice close-reading techniques and examstyle questions. Identify and understand the main points, ideas and details in texts Compare information, ideas and opinions in different texts Identify meanings in texts and distinguish between fact and opinion Recognise that language and other textual features can be varied to suit different audiences and purposes	Understanding literary devices and their effect. Study of modern prose or drama text (e.g., An Inspector Calls by J.B. Priestley). Focus on character development, dramatic tension, and the playwright's intent. Exploration of social, political, and ethical themes. Use reference materials and appropriate strategies (e.g. using knowledge of different word types) for a range of purposes, including to find the meaning of words Understand organisational and structural features and use them to locate relevant information (e.g. index, menus, subheadings, paragraphs) in a range of straightforward texts Infer from images meanings not explicit in the accompanying text	Close reading and analysing the use of language, form, and structure in Shakespearean texts. Evaluating how character development reflects themes and plot progression Key features of Shakespearean drama: soliloquy, aside, dramatic irony and themes of ambition, fate, and power in "Macbeth".	Comparing how different genres (e.g., Gothic fiction) explore themes like fear and morality. Gothic literary conventions (setting, atmosphere, supernatural elements). Texts studied: "Macbeth", Gothic extracts (e.g., "Frankenstein"). Recognise vocabulary typically associated with specific types and purposes of texts (e.g. formal, informal, instructional, descriptive, explanatory and persuasive)
		W SpaG		Writing descriptively and narratively. Introduction to creative writing. Planning and structuring descriptive writing. Punctuation for effect: commas, colons, semicolons, sentence variety. Building rich vocabulary and imagery through simile, metaphor, and personification. Use a range of punctuation correctly (e.g. full stops, question marks, exclamation marks, commas, possessive apostrophes)	Writing to argue and persuade. Focus on discursive and persuasive writing. Structuring arguments: thesis, supporting points, counterarguments, and conclusions. Using varied sentence structures for emphasis. Use of sophisticated connectives and punctuation for clarity.	Writing analytically about texts, with structured arguments and evidence. Experimenting with narrative techniques (e.g., flashbacks, dual perspectives). Using complex punctuation for	Writing formal letters and persuasive articles in response to issues raised in literature. Techniques for editing and redrafting for clarity and impact. Writing tasks: comparative

	Use correct grammar (e.g. subject-verb agreement, consistent use of different tenses, definite and indefinite articles)		es, study and daily words Write consistent complex sentent			essays, narrative writing, formal letters.		
	Developing confidence in oral presentations. Identify relevant information and lines of argument in explanations or presentations Make requests and ask relevant questions to obtain specific information in different contexts. Respond effectively to detailed questions. Communicate information, ideas and opinions clearly and accurately on a range of topics		medium Respect the turn-taking rights of others during discussions, using appropriate language for interjection		Developing public speaking confidence through persuasive speeches. Critically evaluating peer presentations and providing constructive feedback. Mastering the use of non-verbal cues (eye contact, gestures) for audience engagement. Express opinions and arguments and support them with evidence Follow and understand discussions and make contributions relevant to the situation and the subject			
Subjec	t Areas	T	ERM 1	-	TERM 2		TERM 3	
FUNCTIONAL SKILLS ENGLISH	R	Exploring classic and modern literature with a focus on moral dilemmas and duality in human nature. Students learn to compare how different authors from various genres and time periods approach common themes, such as identity, morality, and social justice	Contextual knowledge: Understanding how historical, social, and political contexts shape the themes and issues in literature. Students focus on language choices, structure, and form, analysing how these contribute to meaning and impact. Identify implicit and inferred meaning in texts.	Study of contemporary and diverse voices in literature, exploring cultural identity, migration, and belonging. (Purple Hibiscus, short stories or contemporary poetry). Independent analysis: Encouraging students to develop their own interpretations of texts, supported by textual evidence. Comparing viewpoints: Identifying different perspectives in literature and exploring how authors use language to present varied viewpoints. Contextual interpretation: Understanding how the context in which a text is written		Literary analysis of potential through a mix of classis "Othello" by William Shon themes of jealousy, Analysing how authors dynamics, control, and literature. Encouraging students from different texts are comparative arguments. Understanding how digenres (e.g., drama, potential dentify different style writer's voice	ic and modern texts. hakespeare (focusing race, and power). Is depict power I resistance in Ito synthesise ideas had create ats. Its. Its. Its. Its. Its. Its. Its. I	
	W SpaG	Discursive and argum Developing the ability to balanced and well-rea exploring both sides of	entative writing: to construct soned arguments,	Formal report writing: Learning how to structure and format formal reports, focusing on	Enhancing creative writing by	Advanced narrative techniques: Continuing to refine creative writing through more	Advanced narrative techniques: Continuing to refine creative writing	

	Creative writing: Experimenting with narrative structure and character development, focusing on voice, perspective, and pacing. Focusing on how to create complex, believable characters and a strong narrative voice in creative writing Communicate information, ideas and opinions clearly, coherently and effectively	clarity and conciseness. Understanding the conventions of different forms of writing, including reports, articles, and formal letters. Convey clear meaning and establish cohesion using organisational markers effectively	narrative techniques like flashback, dual perspectives, and unreliable narration. Focusing on how to refine writing for fluency, cohesion, and impact.	sophisticated use of narrative devices (e.g., shifting narrative perspectives, unreliable narrators). Using sophisticated punctuation for emphasis and clarity (e.g., ellipses, parentheses, dashes).	through more sophisticated use of narrative devices (e.g., shifting narrative perspectives, unreliable narrators). Using sophisticated punctuation for emphasis and clarity (e.g., ellipses, parentheses, dashes).
SLC	Different speaking registers: Learning when to use formal and informal language depending on the context and audience. Communication styles for different purposes (e.g., persuasive, explanatory, descriptive). Make requests and ask detailed and pertinent questions to obtain specific information in a range of contexts	Persuasive presentations: Delivering well-structured, engaging presentations with a focus on persuading an audience. Recognising how to adjust communication style based on the audience's needs and expectations.	Oral storytelling: Focusing on the art of storytelling through voice modulation, pacing, and audience engagement. Use language that is effective, accurate and appropriate to context and situation	Non-verbal communication: Understanding the importance of nonverbal cues (body language, facial expressions) in delivering meaning in speeches and drama. Exploring emotions in speech: Learning how to convey complex emotions through tone, pace, and emphasis in both formal and informal contexts.	
Number	TERM 1		RM 2	TERM 3	
MATHS Functional Skills	Number Comparing, ordering, and rounding large numbers in real-life contexts (e.g., statistics, population data).	Multiplication and Division of Large Numbers	Fractions, Decimals, and Percentages Find fractions of whole number	Ratio and Proportion Understanding and s involving ratios and p	olving problems

	10	making reasonable as Using different method (mental, written, and Solving real-world probudgets and financial Read, write, order and	ods for calculations calculator). oblems involving l planning. nd compare large nillion) Recognise and	Applying multiplication and division to complex problems. Use multiplication facts and make connections with division facts Use simple formulae expressed in words for one or two-step operations Calculate the squares of one- digit and two-digit	quantities or measurements Read, write, order and compare decimals up to three decimal places Add, subtract, multiply and divide decimals up to two decimal places	Applying ratios in real-world scenarios (e.g., recipes, map scales, business) Solving direct and inverse proportion problems. Using ratio to compare quantities in practical situations (e.g., mixtures, scaling).
Shape, Space, Measure		Units of Measure and Conversion Estimating and calculating measures in everyday contexts. Performing complex conversions between units (e.g., miles to kilometres, pounds to kilograms).	Perimeter, Area, and Volume of Compound Shapes Using formulas for perimeter, area, and volume. Solving practical problems, such as calculating the area for painting walls or the volume of containers.	Angles and Geometrical Shapes Measuring and drawing angles accurately. Solving problems involving angles and geometrical shapes (e.g., construction, design). Circles Using π in calculations. Solving problems involving circles in real-life contexts (e.g., circular objects, roundabouts).	Money Calculate simple interest in multiples of 5% on amounts of money Calculate discounts in multiples of 5% on amounts of money	Units of Measure and Conversion Estimating and calculating measures in everyday contexts. Performing complex conversions between units (e.g., miles to kilometres, pounds to kilograms). Convert between units of length, weight, capacity, money and time, in the same system Recognise and make use of simple scales on maps and drawing

Data and Probability		Collecting and Representing Data : Mean, Median, Mode, and Range Understanding different types of data (discrete and continuous). Creating and interpreting visual data representations. Interpreting data sets and drawing conclusions. Comparing different data sets using averages and spread.	n, Mode, and Range g different types of data continuous). interpreting visual data ns. ata sets and drawing fferent data sets using Applying prob to practical problems (e.g. assessment, decision-maki Using probabi scales from 0 and understar the concepts of		Algebra Solving real-world problems using algebra (e.g., financial formulas, distance/speed/time relationships). Using algebra to represent and manipulate situations (e.g., calculating costs or quantities).	Formulae and Graphs Substituting values into formulae. Plotting and interpreting linear graphs (y = mx + c). Using formulae in practical situations (e.g., calculating areas, financial projections). Interpreting linear graphs in real-life contexts (e.g., trends in business data).
MATHS Functional Skills LEVEL 2 Number	11	Number Read, write, order and compare positive and negative numbers of any size. Carry out calculations with numbers up to or million including strategies to check answers including estimation and approximation. Follow the order of precedence of operators including indices Using written methods and mental strategie calculations Understanding and using mathematical terminology relevant to calculations Evaluate expressions and make substitutions given formulae in words and symbols	Number rite, order and compare positive and a numbers of any size. It calculations with numbers up to one acluding strategies to check answers a estimation and approximation. The order of precedence of operators, a indices ritten methods and mental strategies for ons anding and using mathematical ogy relevant to calculations are expressions and make substitutions in rmulae in words and symbols		TERM 2 d Dividing Fractions, Percentages ow the equivalence ons, decimals and Vork out percentages of xpress one amount as of another. Calculate ange (any size increase and original value after ange Order, add, ompare amounts or g proper and improper nixed numbers Express a fraction of another. mate and compare subtract, multiply and s up to three decimal	Solving Proportional Problems: Students will apply proportional reasoning to calculate quantities and scale

Measure Shape Space	Converting between different units of measurement or Science of the converting between different or converting between differe	Area, and Volume of Compound Shapes Ising formulas or perimeter, rea, and olume. Folying Fractical Froblems, such as calculating fine area for rainting walls or the volume of containers.	Angles and Geometrical Shapes Understanding properties of 2D and 3D shapes Calculating perimeter, area, and volume of various shapes, including nonrectangular shapes Understanding angles, lines, and symmetry	Real life application of Geometry Applying geometry to solve real-life problems (e.g., design, construction) Using geometric reasoning in practical contexts Understanding scale and proportional reasoning	Time and Scale Time Calculations: Students will learn to read, calculate, and convert between units of time, applying this to real-life scenarios like travel times and schedules. Using and Interpreting Scale: Students will understand how to use scales in maps and drawings, calculating real distances or sizes from scaled representations. Solving Practical Problems: Students will apply their understanding of time and scale to everyday tasks such as planning trips, interpreting plans, and adjusting measurements.
Data, Probability and Algebra	Understanding different types of data (qualitative and quantitative) Collecting and organising data using experiments Representing data using charts, tab graphs (bar charts, line graphs, pie of Calculating measures of central tended median, mode) Understanding range and interpretional Analysing data to draw conclusions predictions Using data to solve practical problem budgeting, scheduling) Interpreting graphs and charts in concept to the concept of th	g surveys or oles, and charts) odency (mean, ing data sets and make ms (e.g.,	Understanding basic probability concepts (outcomes, events) Calculating probabilities of simple events Applying probability to real-life situations (e.g., risk assessment)	Algebra Understanding algebraic expressions and terms Simplifying and evaluating expressions Solving linear equations and inequalities Identifying and creating number patterns and sequences Understanding arithmetic and geometric sequences Applying patterns to solve problems	Understanding and Using Formulae: Students will learn to understand, construct, and use mathematical formulae to solve practical problems. They will substitute values into formulas to calculate areas, volumes, or costs (e.g., using formulas for perimeter or interest rates). Interpreting and Plotting Graphs: Students will learn how to interpret and draw various types of graphs, including line graphs, bar charts, and pie charts. They will use these graphs to represent and analyse data, understanding trends, making comparisons, and drawing conclusions.
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Biology Chemistry **Physics** Understanding energy transfers, Understanding the hierarchical organisation of Understanding that everything is living organisms, from cells to tissues, organs, made of atoms and elements and including the ways energy can be systems, and finally the entire organism. recognising that atoms are the basic transferred between different stores Comprehending the structure and function of building blocks of matter, while such as kinetic, thermal, chemical, and the heart, including its chambers and valves, as elements are pure substances made potential energy. well as the composition of blood and its role in of only one type of atom. Knowledge of energy resources, transport and immunity. Knowledge of the rates of chemical including renewable and non-renewable Knowledge of the digestive system, including the reactions, including factors that sources, their uses, advantages, and organs involved and their roles in the breakdown influence the speed of reactions such environmental impacts. and absorption of nutrients. as temperature, concentration, Understanding different types of forces, Understanding the structure and function of such as gravity, friction, air resistance, surface area, and the use of catalysts. cells, including the different types of cells and Understanding the states of matterand tension, and how they affect the their organelles, and how they contribute to the motion and shape of objects. solids, liquids, and gases—and how function of living organisms. changes in temperature and pressure Comprehending the relationship Knowledge of the process of respiration, can cause matter to change from one between speed and stopping distances, including aerobic and anaerobic respiration, and state to another (e.g., melting, boiling, including the factors that influence how energy is produced and used by cells. condensation). stopping distances, such as reaction time, Understanding the impact of lifestyle choices Comprehending how elements speed, and road conditions. on health, such as diet, exercise, smoking, and combine to form compounds, Understanding domestic electricity, alcohol, and their effects on body systems like the understanding the differences including the use of alternating current cardiovascular system. between elements and compounds, (AC) in homes, the function of fuses, Comprehending how the body defends itself and how chemical bonds hold atoms circuit breakers, and safety measures. against disease, including the role of the immune together in compounds. Knowledge of electricity, including system, white blood cells, vaccines, and Understanding mixtures and how to electrical circuits, current, voltage, separate them, including knowledge antibiotics. resistance, and how they interact within of various separation techniques such both series and parallel circuits. Understanding magnets and as filtration, distillation, chromatography, and evaporation. electromagnets, including how magnetic fields are created and used, and how electromagnets function in practical applications. Knowledge of radioactivity, including the types of radiation (alpha, beta, gamma), their properties, uses, and the potential risks to health and the environment.

	TERM 1	TERM 2	TERM 3
SCIENCE Unit Award Scheme GCSE Science Core Skills	Biology Understanding how the body coordinates its functions, including the roles of the nervous and endocrine systems in controlling bodily processes and maintaining homeostasis. Knowledge of natural and artificial selection, including how natural selection drives evolution and the principles behind artificial selection in breeding plants and animals. Understanding genetics, inheritance, and genetic engineering, including how traits are passed from one generation to the next, the role of DNA, and how genetic engineering is used to modify organisms. Knowledge of biodiversity, including its importance for ecosystems, how it is measured, and the impact of human activities on species diversity. Understanding the process of photosynthesis, including how plants convert light energy into chemical energy, the factors that affect it, and its role in the carbon cycle. Knowledge of ecosystems, including the interactions between organisms and their environment, food chains, food webs, and the balance of populations. Understanding decay and the water cycle, including the process of decomposition and its role in recycling nutrients, and how water moves through the environment in the water cycle	Chemistry Understanding the extraction and use of metals, including the methods of extracting metals from their ores, the reactivity series, and the practical uses of metals in everyday life. Knowledge of acid reactions, including how acids react with bases, metals, and carbonates, as well as the formation of salts and the pH scale. Understanding polymers and plastics, including how plastics are made, their practical uses, and the environmental challenges posed by plastic waste. Knowledge of the Earth's atmosphere and global warming, including the composition of the atmosphere, the greenhouse effect, and the impact of human activities on	Physics Understanding space, including the structure of the solar system, the life cycle of stars, and the forces that govern planetary motion. Knowledge of waves, including the properties of transverse and longitudinal waves, and how they are used in technology and communication (e.g., sound waves, light waves). Understanding friction, including how friction affects motion, the factors that influence it, and its role in everyday activities and engineering. Knowledge of reaction times, including how reaction times can be measured, factors that affect them, and their importance in activities like driving. Understanding electrical resistance, including how it affects current flow in circuits, the factors that influence resistance, and how it is measured. Knowledge of speed, including how speed is calculated, factors that affect speed, and its relationship to distance and time in motion. Understanding electromagnets, including how they are created, their applications in technology, and how their strength can be modified.
	TERM 1	TERM 2	TERM 3
ICT Functional Skills Level 1	Using ICT Logging in and using passwords securely. Using input and output devices (keyboard, mouse, printer). Opening, saving, and printing documents. Creating, renaming, and organising files in folders. Applying password protection to files and devices. Recognising and avoiding phishing scams and suspicious emails.	Finding and Selecting Information Evaluating websites for reliability (e.g., looking for "https," checking author credentials). Understanding copyright and how to use online resources legally. Composing, sending, and replying to emails. Attaching files to an email and downloading attachments. Organising emails into folders and using search functions.	Developing, presenting and Communicating Information. Creating and saving a new document. Using basic formatting tools to edit a document (bold, italics, underline). Using spell check to improve writing accuracy. Creating a presentation with a clear structure. Adding text, images, and graphs to slides. Practicing delivering the presentation clearly and confidently.

	Organising and compressing files (e.g., zipping folders). Uploading and downloading files from the cloud. Sharing documents via links and attaching them to emails. Collaborating in real-time using shared documents and folders. Using online meeting platforms for communication and project coordination. Editing shared documents and tracking changes.	Entering and organising data in cells. Using basic formulas for addition, subtraction, and averages. Creating simple charts to represent data visually. Managing online accounts with privacy settings. Understanding and recognising safe vs. unsafe online behaviour. Responding appropriately to data breaches and potential scams. Using spreadsheets charts and databases.	Enhancing presentations with multimedia elements (videos, sound). Creating polished, professional reports with images, graphs, and formatted text. Delivering presentations confidently, using ICT to support communication. Creating leaflet/advert/letter. Creating a Logo.
	TERM 1	TERM 2	TERM 3
ICT Functional Skills Level 2	Strengthening Core ICT Competence Using advanced file structures, sorting files by attributes, and managing storage. Backing up data, zipping files, and restoring previous versions. Understanding cloud storage's benefits and limitations and sharing files securely. Securing online accounts with two-factor authentication. Recognising phishing emails, malicious websites, and scams. Applying privacy settings across various platforms (social media, email). Performing precise searches using filters, quotes, and advanced search operators. Cross-referencing multiple sources for credibility and accuracy. Accessing and evaluating academic databases for trusted information. Using bookmarking tools and organising online research into folders and lists. Sorting and analysing digital information to inform decision-making. Storing, retrieving, and managing large amounts of digital data.	Applying ICT Skills in Professional Contexts Using advanced spreadsheet formulas to automate calculations. Sorting and filtering data to extract relevant information. Creating professional graphs and charts to summarise data. Using ICT tools to plan and organise projects (e.g., Gantt charts, timelines). Managing tasks and milestones with online collaboration tools. Coordinating team efforts through shared workspaces and communication platforms. Creating surveys or questionnaires to collect data. Using pivot tables and charts to summarise and analyse data. Interpreting data results and presenting them in a clear, understandable way. Evaluating software based on the task's needs and selecting appropriate tools. Integrating and transitioning data between different programs. Problem-solving using the appropriate software for specific situations (e.g., project management, data analysis).	spreadsheet templates. Using ICT systems to generate and track invoices or inventory. Identifying and resolving common ICT issues independently. Organising and participating in online meetings with shared documents. Collaborating on real-time documents with team members (Google Docs/Sheets). Managing shared folders and version histories to ensure collaboration efficiency. Using databases to store customer data securely and efficiently. Retrieving and updating records within business information systems. Analysing sales or customer data to inform business decisions. Organising large datasets for efficient

		TERM 1		TERM 2		TERM 3	
PSHE/RSE Level 1	10	Personal action Planning Understanding goals: Recognising the difference between short-term long-term	Understanding what a drug is (medicines vs. harmful substances). Basic knowledge of everyday medicines and why they should only be taken when necessary (e.g., paracetamol). Awareness that some substances (like alcohol or	Sex and Relationship Recognising healthy vs. unhealthy relationships (respect, trust). Awareness of boundaries in relationships and understanding personal space. Learning about the importance of consent in all types of relationships. Understanding that emotions and relationships can change over time. Basic knowledge of the physical aspects of relationships (e.g., affection).	Personal Finance Understanding basic financial concepts (income, expenses, savings). Recognising the importance of budgeting for personal expenses (e.g., food, travel). Learning how to compare prices and make informed spending decisions. Understanding the importance of saving for future goals (e.g., buying a phone, going on holiday). Awareness of the basics of banking (saving accounts, withdrawing money). Recognising the consequences of overspending or accumulating debt.	Personal safety Recognising signs of danger or unsafe situations (e.g., being followed, unsafe locations). Learning how to stay safe online (e.g., not sharing personal information, understanding privacy settings). Knowing how to communicate effectively in emergency situations (e.g., what to say when calling for help).	Introduction to diversity, prejudice and discrimination Understanding the concepts of diversity, inclusion, and the value of different perspectives. Recognising different forms of prejudice and discrimination (e.g., based on race, gender, disability). Learning about the impact of discrimination on individuals and communities. Understanding the importance of standing up against unfair treatment (e.g., speaking out when witnessing bullying). Awareness of laws and rights related to equality and
		Emotional Wellbeing Knowing how to express emotions in positive ways (e.g., talking, writing). Awareness of the importance of self-care for emotional wellbeing (e.g., doing activities they enjoy, relaxation techniques).	refusal). Healthy Lifestyles Learning how sleep, relaxation, and managing stress are important parts of a healthy lifestyle. Understanding the consequences of an unhealthy lifestyle (e.g.,	Relationships, behaviour and practices in the workplace Recognising the importance of communication skills in the workplace (listening, speaking clearly).	Making informed career choices Learning how to research different careers and their requirements. Understanding how work experience can inform career choices.	Being a critical Consumer Recognising advertising techniques and how they can influence decisions (e.g., catchy slogans, celebrities). Learning how to compare different products (e.g., price comparisons, reading labels).	discrimination (e.g., Equality Act). Recognising how to promote respect and understanding among different groups of people.

	Recognising the importance of talking to someone if they are struggling emotionally. Understanding how relationships (friends, family) can affect emotional wellbeing, both positively and negatively.	obesity, fatigue, feeling unwell). Awareness of how smoking, alcohol, and drugs can negatively affect health. Recognising the importance of regular medical check-ups, vaccinations, and dental care.	Learning about different roles and responsibilities in a team. Understanding how to accept feedback and criticism in a positive way. Awareness of the importance of punctuality and reliability in the workplace. Recognising diversity and inclusion in the workplace and the value of different perspectives.	Awareness of the role of networking and connections in finding job opportunities. Recognising the importance of setting personal goals for career aspirations.	Understanding the concept of fair trade and the importance of ethical consumption. Awareness of consumer rights and responsibilities (e.g., returns, refunds, and quality of goods). Recognising the impact of spending habits on personal finances and the environment.	
	TERM	1	TER	RM 2	TERM	3
PSHE/RSE LEVEL 2	Personal action Planning Motivation and effort: Understanding that motivation, consistent effort, and self-discipline are essential for achieving goals. Learning strategies to stay focused and overcome challenges, such as setting milestones and maintaining motivation through rewards and progress tracking. Time management and planning: Effectively allocating resources (e.g., time, energy) and anticipating obstacles through careful planning and scheduling. Support networks: Learning how to	Differentiating between legal and illegal drugs (e.g., medicines vs. illegal substances like cannabis). Awareness of the effects of alcohol, smoking, and drugs on health. Recognising the signs of harmful behaviour related to drugs and alcohol (e.g., addiction, peer pressure). Understanding the importance of	Sex and Relationship Gaining knowledge about sexual health, including the importance of safe sex practices to prevent sexually transmitted infections (STIs) and unintended pregnancies. Understanding various contraceptive methods, their effectiveness, and the importance of making informed choices about sexual activity. Exploring the importance of regular health	Personal Finance Understanding fixed and variable expenses, and how to prioritise spending to meet essential needs while allowing for discretionary spending. Developing skills to adjust budgets based on changing financial situations, such as unexpected expenses or changes in income. Learning about basic investment concepts, including the difference between saving and investing,	Personal safety Understanding the importance of personal boundaries in relationships, including emotional, physical, and digital boundaries. Learning how to assertively communicate boundaries and recognise when they are being violated. Learning how to resolve conflicts peacefully, including effective communication skills, negotiation, and seeking help from authorities when necessary. Recognising when to seek help from trusted	Introduction to diversity, prejudice and discrimination Exploring the concept of intersectionality, which acknowledges how various aspects of identity (e.g., race, gender, class) intersect and impact individuals' experiences. Examining the role of media and societal narratives in shaping perceptions of different groups and how misinformation can perpetuate prejudice.

communicate goals, seek	consequences of	check-ups and	types of	adults or authorities in	Exploring the legal
advice, and use	drug misuse.	accessing sexual	investments (e.g.,	situations where	framework
feedback to stay	Knowing where to	health services.	stocks, bonds), and	personal safety may be	surrounding
accountable and	seek help if faced	Learning how to	the risks and	at risk.	discrimination,
enhance personal	with pressure or	communicate	rewards	Recognising legal	including key
growth.	issues related to	consent effectively	associated with	responsibilities	legislation (e.g.,
3100011.	drugs (e.g., talking	and respectfully in	investing.	regarding personal	Equality Act 2010
	to a trusted adult,	relationships.	Understanding	safety, including the	in the UK) and the
	contacting a help	· ·	responsibilities	consequences of	rights it protects.
	•	Gaining awareness of diverse sexual	· · · · · · · · · · · · · · · · · · ·	unsafe behaviour and	•
	service).		when entering into		Exploring ways to
		orientations and	financial	how to advocate for	engage with
		gender identities,	agreements, such	oneself and others	diverse
		fostering an	as contracts, loans,		communities to
		understanding and	and credit		foster
		acceptance of	agreements.		understanding,
		different	Learning how to		cooperation, and
		relationship	make informed		mutual respect.
		dynamics.	financial decisions		Understanding
			by researching .		how to be an active
			options, comparing		citizen by
			products, and		participating in
			understanding the		initiatives that
			terms and		promote equality
			conditions.		and combat
Emotional Wellbeing	Healthy Lifestyles	Relationships,	Making informed	Being a critical	discrimination,
Understanding		behaviour and	career choices	Consumer	such as awareness
Emotional Health:	Learning the	practices in the	Career	Consumer Rights:	campaigns and
Recognising the	principles of a	workplace	Exploration:	Learning about	community
importance of emotional	balanced diet,	Communication	Exploring different	consumer rights and	projects.
well-being and how it	understanding	Skills: Developing	career paths and	protections, including	Encouraging
affects overall health	food groups, and	effective	understanding the	understanding	ongoing education
and quality of life.	recognising the	communication	skills and	contracts, returns, and	and awareness
Learning about different	impact of nutrition	skills, including	qualifications	warranties.	about diversity,
emotions, their causes,	on physical and	active listening,	required for	Evaluating Products	prejudice, and
and how to manage	mental health.	expressing	various	and Services:	discrimination,
them effectively.	Physical Activity:	feelings, and	professions.	Developing skills to	fostering a
Coping Strategies:	Understanding the	resolving conflicts	Learning about the	assess the quality,	commitment to
Developing skills to cope	benefits of regular	constructively.	job market and the	value, and ethical	lifelong learning
with stress, anxiety, and	exercise and how	Diversity in	importance of	implications of	and advocacy for
difficult emotions. This	it contributes to	Relationships:	aligning personal	products and services,	social justice.
includes techniques such	overall well-being.	Recognising and	interests and	including	
as mindfulness, positive	Learning about	respecting	strengths with	understanding	
thinking, and seeking	different forms of	different types of	career choices.	advertising tactics and	
support from friends,	physical activity	relationships,	Goal Setting:	recognising misleading	
family, or professionals.	and setting	including	Developing the	claims.	

Learning how to bounce back from setbacks and challenges, understanding the role of self-esteem and self-acceptance in resilience. Seeking Help: Understanding when and how to seek help for emotional issues, including knowing how to access support services and mental health resources.	goals. Sleep Hygiene: Learning about the importance of sleep for physical and mental health and developing strategies for maintaining good sleep hygiene.	dynamics, and romantic relationships, as well as the impact of diversity on personal interactions. Workplace Relationships: Learning the importance of teamwork, collaboration, and effective communication in a professional environment. Understanding how to build positive relationships with colleagues and supervisors. Workplace Rights and Responsibilities: Recognising employee rights and responsibilities, including understanding workplace policies and procedures.	realistic and achievable career goals, creating action plans to reach those goals, and adapting plans as necessary. Networking and Mentorship: Understanding the importance of building professional networks and seeking mentorship to support career development.	Consumption: Understanding the impact of consumer choices on the environment and society and exploring sustainable practices that promote ethical consumption and minimise harm.	
TERM		including understanding workplace policies and procedures, such as anti- discrimination laws and health and safety regulations.	M 2	TERM	3

		10	Introduction to DofE and Planning Overview of the DofE program, its purpose, and benefits. Discuss the requirements and sections of the Bronze Award. Setting personal goals for the award Brainstorming and selecting activities for each section (Volunteering, Physical, Skills). Discussion on the importance of commitment and consistency. Introduction to expedition planning (route mapping, choosing a location). Basics of navigation, map reading, and understanding safety protocols.	Volunteering and Skills Students select and start a volunteering project (e.g., helping in local charities, schools, or community organisations). Reflective journal entries on their experiences and the skills gained. Choose a skill to develop (e.g., cooking, photography, music). Weekly practice and reflection on progress, challenges, and achievements.	Physical Activity and Expedition Students choose a physical activity (e.g., sports, dance, hiking). Regular participation and tracking improvements (e.g., fitness goals, distance covered). Safety training (first aid, emergency procedures). Practice hikes to build stamina and teamwork. Finalise expedition plans (food, equipment, and packing). Conduct the Bronze Award expedition (2 days and 1 night).
DUKE OF EDINBURGH (Silver)		11	Introduction to Silver Overview of Silver Award requirements and differences from Bronze. Discussing individual goals and setting timelines. Selecting activities for Volunteering, Physical, and Skills sections. Planning and committing to these activities.	Volunteering and Skills Development (Silver) Initiate a new volunteering project or continue the previous one with greater responsibility. Reflective journals focusing on impact and personal growth. Choose a new or advanced skill to work on (e.g., leadership, advanced sports techniques). Regular practice and reflection on progress, challenges, and achievements.	Silver Award Expedition Preparation Choose a physical activity with more complexity (e.g., a new sport or increased intensity). Track progress and improvement over time. Focus on more complex route planning and navigation skills. Team formation and role allocation for the expedition. Safety training specific to silver requirements (e.g., advanced first aid). Practice hikes focusing on team navigation and endurance. Conduct the Silver Award expedition (3 days and 2 nights).
0 4 +	· - (TERM 1	TERM 2	TERM 3

	10	The AQA Unit Award Scheme Art and design, Biology, Business, Chemist ASDAN offer a variety of short courses, including	ASDAN SHORT COURSES	any subjects, including: th, French, Geography, and History food wise, gardening, living independently
OPTIONS	11	The AQA Unit Award Scheme Art and design, Biology, Business, Chemist ASDAN offer a variety of short courses, inc	ASDAN SHORT COURSES	any subjects, including: th, French, Geography, and History ad wise, food wise, gardening, living

COHORT B – EQUALS						
Subject Areas		TERM 1	TERM 2	TERM 3		
EQUALS ENGLISH	10	Creating an Interest Poetry, Plays and Songs Look at short poems and find rhymes, rhyming words. Compare non-rhyming poems/riddles, limericks and story poems. Review a set of poems and look at mood and comedy in poems. Perform a poem using musical instruments, using instruments that match the different sounds Write a rhyming poem with minimal support.	Literacy for Information Magazines and Newspapers Contribute to class and/or school newsletter. Interview people in school for news items. Write about and/or take pictures of a school event. Access magazines/ newspapers in different ways. Locate specific information in newspapers. Create headlines for displays in school. Using a Library. Visit the local library.	Sharing Information Letters and postcards Create a big scene. Record a message. Students to practise giving messages to staff. Make cards for family Visit a local shop and/or Post Office to buy and send stamps. Design your own stamps. Design your own postcard to advertise an event.		

	Watch a short play or study a short play and act it out. Look at characters, and the beginning and end of a story. Review the play with reasons and improvements. Brainstorm ideas for own play: including characters, writing dialogue and story line for a play. Video and show the play.	Join the library and experience. Identify fiction and non-fiction books. With help, look up a book on the computer library catalogue and find book. Bibliography and Factual Literature Find information on a specific topic from non- fiction books and magazines Explore and present information on a hobby or favourite subject Take photos of books to make a pictorial dictionary. Create a poster to advertise a school event.	Discuss what a letter is and the different types of letters: thank you, apology, complaint, friendly and formal. Explore famous letters. Use email to send letters. People and Events Use appropriate greetings for different people. Initiate conversations with friends. Choose a celebrity to research; research the celebrity using books and internet. Make a scrapbook, PowerPoint presentation or poster.
Subject Areas	TERM 1	TERM 2	TERM 3
EQUALS ENGLISH 11	the plot using 'beginning-middle-end'. Explore alternative endings for the same story. Create books for different audiences. Visit the theatre, cinema, local radio or TV station. Meet/invite into school local actors, TV or radio presenters. Re-enact favourite films, TV programmes or theatre shows. Make a scrapbook of favourite characters on the TV, cinema or theatre. Produce promotional literature to advertise or accompany a film, theatre show or TV	Using Leisure Facilities Set up a range of leisure activities for students to experience. Creative invitations, diaries, reports etc on the events. Create PowerPoint of students exploring the different activities. Create nonfiction sensory book about the different leisure activities. Using the Internet Access the internet using a range of technology. Explore maps on Google Earth.	Literacy for the Future Form Filling and Personal Details Practice writing, speaking, and recording personal information. Write about past experiences and major events, previous schools, homes. Activities on likes/ dislikes/strengths/ weaknesses Complete simple application form. Keep a diary. This is Me and Personal Statements Using personal information, students to choose favourite photos from subjects and leisure activities. Students to draw/paint/collage pictures of their family. Staff to help create a PowerPoint with students. Activities on likes/dislikes. Put personal information into a simple CV using pictures, symbols and writing.
	TERM 1	TERM 2	TERM 3

		Maths for Design	Maths for Life	Maths for the Community
		Repeating Patterns.	Shopping.	Maps, Travel and Timetables.
		Copy and continue a simple pattern.	Making a shopping list.	Plan a route to different venues.
FOLIALC		Create your own repeating patterns.	Compare prices of items in different shop,	Plan an individual timetable.
EQUALS	10	Research and present a project on repeating	using different types of shops providing a	Use different ways of travelling in the local
MATHS	10	patterns in the environment.	range of services.	and wider area.
		Use printing methods to design decorative	Using different types of checkouts.	Make a sensory map of the classroom, school
		items.	Exchanging money while shopping.	grounds, routes around school.
		Use stencils.	Internet shopping.	Make a sensory map of the classroom, school
		Shape, Colour and Space		grounds, routes around school.
		Explore a range of different shaped and	Domestic Appliances.	Use a Bee Bot to plan a route.
		coloured objects from within different	Using a range of appliances to set	Set up an obstacle course.
		environments.	temperature, time, speed of programme	Using Leisure Facilities
		Find shapes in the environment.	microwave, cooker, washing machine, food	Visit the local leisure centre to participate in
		Experience the effects of rotation.	processor.	sports.
		Understand positional language.	Using switches to operate appliances	Use a stopwatch to time events.
		Study famous works of art.	Playing games on iPad, Touch screen,	Keeping score.
		Design	computer	Measuring distances.
		Design a painting using splatter print,		Visit local facilities for shopping.
		hand/footprints in certain colours.	Telephone and Communication	Visit and use the local cinema, theatre. Buy
		Create, plan and design a hat/T-shirt/mask.	Practise recognising numbers.	tickets and locate seats.
		Design a bedroom.	Simulated telephone exchanges.	Money
		Design a mini garden.	Using personal communication devices.	Use money and arrange a practical activity in
		Design a textile item.	Using telephone directory and online	school such as enterprise.
			directory. Using a mobile phone for talking, texting and	Students raise money for a charity.
			FaceTime	Sort and recognise coins and notes.
			Using a mobile phone: extras such as	Exchange money.
			calculator, clock, calendar and alarm	
		TERM 1	TERM 2	TERM 3
		Maths in Everyday Life	Maths for the Future	Financial Responsibility
		Measurement and Volume.	Enterprise	Learn about opening a bank account, paying
		Prepare drinks, snacks and meals, using jugs,	Set up and run over a period a mini enterprise	into and withdrawing money from an account.
		cups and spoons to measure liquids and dry	activity	Budgeting for an event.
	11	ingredients.	Use a set budget to hold an event.	learn about using a cash machine.
	11	Bake a cake.	Raise money for a charity by holding a one-off	
			enterprise activity	Having a school enterprise bank account
		Participate in leisure activities such as Boccia	Hold a Dragon's Den event.	administered by students.
EQUALS		or Kurling, record distances scored.	Bespoke T-shirt printing.	Budgeting own pocket money or allowances.
MATHS		Make a map of your classroom or school using	Work	Paying for own entrances, fares, personal
		measuring equipment.	Working to a timetable in an enterprise	items for e.g. toiletries.
		Make an item out of fabric using a tape	activity.	Designing and budgeting menus for own
		measure.		meals.
	I			

		Ask for appropriately sized drinks in café or pub. Know your own clothes and shoe size. Weighing and Cooking Use different types of weighing scales Weigh ingredients required for a recipe. Dividing provisions between different storage containers Estimate amount of food needed. Using other electrical equipment such as Multichip and hand blender Using different kitchen appliances. Setting the temperature on different appliances. Time Keeping individual diaries and calendars. Personal timetables. Create displays and sensory experiences to show the differences in the seasons. Set personal targets to a time scale. Time activities. Use clocks or a watch.	Learning to be on time as part of school timetable and then follow on into leisure and work. Using public transport to get to and from work. Using any income appropriately Developing routines within the workplace. Developing number skills where appropriate to the job for e.g. in a hotel, counting out items on a bedroom tray in readiness for new residents or at a garden centre, planting out seedlings into divided trays	Carrying your own money safely for e.g. in a wallet, purse etc. Different methods of payment such as cash card, cash, PayPal and gift token/cards. Managing own phone either by pay as you go or on contract
EQUALS ICT	10	ICT and Creativity Film Making Understanding the filmmaking process, including pre-production, production, and post-production phases. Scriptwriting techniques: creating a screenplay, developing characters, and structuring a narrative. Storyboarding: visualising scenes and planning shots. Planning and organising shoots: scheduling, location scouting, and equipment preparation. Camera operation: understanding different types of cameras, lenses, and how to frame shots. Lighting techniques: using natural and artificial light to create mood and enhance visuals. Sound recording: capturing high-quality audio using microphones and sound equipment.	ICT for Pleasure, Leisure and Information Use of Community ICT Facilities Types of Facilities: Identifying various community ICT resources, such as public libraries, community centres, and technology hubs. Accessibility: Understanding the importance of accessibility in community ICT facilities for diverse populations, including individuals with disabilities. Resource Availability: Learning about the range of resources available, such as computers, internet access, printers, audio- visual equipment, and software applications. Basic Computer Skills: Gaining proficiency in using computers, including operating systems, software applications, and troubleshooting common issues. Internet Navigation: Learning how to effectively search for information online,	Keeping in Touch Exchanging Information; E-Mail, Texting, Using a mobile phone Types of Communication: Recognising different forms of communication, including emails, text messages, instant messaging, and voice calls. Choosing the Right Medium: Understanding when to use specific communication methods based on context, audience, and purpose (e.g., formal vs. informal communication). Email Basics: Understanding the components of an email, including the subject line, greeting, body, and closing. Texting Protocols: Understanding the conventions of texting, including abbreviations, emojis, and informal language. Group Messaging: Learning how to communicate effectively in group chats, including managing notifications and respecting privacy.

		Directing: guiding actors and crew to achieve the desired vision for a scene.	evaluate sources, and utilise digital databases and libraries.	Using Communication Apps: Familiarity with popular communication apps (e.g., WhatsApp, Messenger, Slack) for texting, voice, and video calls. Setting Up Contacts: Learning how to store, manage, and organise contacts on a mobile phone for easy communication. Voicemail and Call Management: Understanding how to use voicemail, call forwarding, and managing missed calls.
		TERM 1	TERM 2	TERM 3
EQUALS ICT	11	Types of News: Recognising different categories of news, such as local, national, international, and specialised (e.g., sports, entertainment, science). Social media: Exploring how platforms like Facebook, Twitter, Instagram, and LinkedIn can be used to share news and information with a broader audience. Blogs and Websites: Understanding how to create and maintain personal blogs or websites for sharing news and information. News Apps: Learning to navigate and utilise news applications that provide updates and alerts on current events. Writing News Articles: Developing skills in writing clear and concise news articles, including the structure of a news piece (headline, lead, body, and conclusion). Multimedia Elements: Understanding how to incorporate images, videos, and infographics to enhance news stories and engage readers. Sharing Techniques: Learning how to effectively share news content through various digital channels, including email, social media, and instant messaging.	Promotion and Advertising Basic Concepts: Learning the definitions of promotion and advertising, including the differences between them and how they relate to marketing. Purpose of Advertising: Understanding the role of advertising in influencing consumer behaviour and driving sales. Social Media Marketing: Exploring how to use platforms like Facebook, Instagram, Twitter, and LinkedIn for advertising and promoting products or services. Email Marketing: Learning the basics of creating effective email marketing campaigns, including crafting subject lines, designing email layouts, and segmenting email lists. Creativity and Innovation: Encouraging creativity in developing advertising ideas and campaigns, fostering innovative thinking.	ICT for the future Shopping; online (internet) and in the community Concept of Online Shopping: Learning what online shopping is and how it differs from traditional shopping methods. Popular Online Platforms: Familiarisation with popular online shopping platforms (e.g., Amazon, eBay, online grocery services) and their features. Reading Reviews: Learning how to read customer reviews and ratings to make informed purchasing decisions. Understanding Product Descriptions: Gaining skills in interpreting product specifications, images, and pricing to evaluate the suitability of items. Shopping in the Community Identifying Local Stores: Understanding how to locate and identify community stores, markets, and services available locally. Confidence in Technology Use: Building confidence in using technology for practical purposes, such as shopping and community engagement.
		TERM 1	TERM 2	TERM 3
EQUALS PSHE/RSE	10	Road Safety Definition of Road Safety: Students will learn what road safety means and why it is important for personal safety and the safety of others.	Good Relationships Communication in Relationships: Students will understand the key principles of effective communication in relationships, including how to express and discuss feelings, actively listen,	RSE - Sexuality and Enjoyment Understanding Challenges: Students will learn that challenges can arise in various aspects of life, including relationships and health, and develop resilience strategies to cope with setbacks.

		Types of Roads and Traffic: Students will	and show empathy as they navigate personal	
		understand different types of roads (e.g.,	growth and changing dynamics.	Emotional Aspects of Pregnancy: Students
		residential, main roads) and the types of	Impact of Family Changes: Students will	will recognise the emotional challenges
		vehicles that use them.	explore the psychological and emotional	associated with pregnancy, such as anxiety
		Traffic Signs: Students will learn to identify	effects of separation, divorce, and	and depression, and the importance of mental
		basic traffic signs (e.g., stop signs, pedestrian	bereavement on individuals and family	health support during this time.
		crossings, speed limits) and understand their	•	Theathr support during this time.
			dynamics, Recognising common reactions	Ponofits of Proastfooding, Students will
		meanings.	such as grief and adjustment challenges.	Benefits of Breastfeeding: Students will
		Traffic Lights: Students will learn the purpose	Supportive Organisations: Students will learn	understand the health advantages of
		of traffic lights and what each colour signifies	about statutory and voluntary organisations	breastfeeding for both infants and mothers,
		for drivers and pedestrians.	that offer assistance during relationship	including nutritional benefits and maternal
		Understanding Consequences: Students will	crises, including counselling centres and	health recommendations from health
		discuss the potential consequences of unsafe	helplines.	organisations.
		behaviours, such as running into the road or	Accessing Help: Students will identify sources	
		ignoring traffic signs.	of support available to them, including trusted	Legal Framework of Sexual Activity:
		Understanding First Aid Basics: Students will	adults and community resources, and	Students will be aware of the laws regarding
		gain a basic understanding of first aid	understand how to seek help effectively	sexual activity, including age of consent and
		measures in case of minor injuries,	during difficult times.	personal boundaries, to promote informed
		emphasising the importance of seeking		and responsible decision-making.
		professional help when needed.		
		TERM 1	TERM 2	TERM 3
		A healthy lifestyle	Developing Relationships	Human Reproduction
		Components of a Healthy Lifestyle: Students	Transition to Adult Life: Students will learn	Puberty Changes: Students will learn about
		will learn about the key components of a	about the skills and resources necessary for a	the physical, emotional, and hormonal
			·	· · ·
		healthy lifestyle, including balanced nutrition,	successful transition to adult life, including	changes that occur during puberty, including
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and	successful transition to adult life, including practical life skills, financial literacy, and	changes that occur during puberty, including the development of secondary sexual
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being.	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults.	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes.
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships:	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults.	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes.
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	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support,	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional
EQUAL S	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals.	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent
EQUALS	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals. Physical Activity Benefits: Students will gain	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support,	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent and communication in sexual relationships.
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	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals. Physical Activity Benefits: Students will gain knowledge about the importance of regular physical activity and its health benefits, such as improved cardiovascular health and mental well-being. Mental Well-Being: Students will learn about Recognising signs of stress and anxiety and explore strategies for managing mental	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support, and personal development. They will study the characteristics of healthy vs. unhealthy relationships. Accessing Help and Managing Risk: Students will gain knowledge about resources available for seeking help in situations of risk, including understanding risk factors and strategies for	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent and communication in sexual relationships. Babies and Their Needs: Students will understand the developmental stages of infants, including their physical, emotional, and nutritional needs, and the importance of care and bonding for healthy development. Contraception: Students will learn about various contraception methods, including
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals. Physical Activity Benefits: Students will gain knowledge about the importance of regular physical activity and its health benefits, such as improved cardiovascular health and mental well-being. Mental Well-Being: Students will learn about Recognising signs of stress and anxiety and explore strategies for managing mental health, including mindfulness and seeking	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support, and personal development. They will study the characteristics of healthy vs. unhealthy relationships. Accessing Help and Managing Risk: Students will gain knowledge about resources available for seeking help in situations of risk, including understanding risk factors and strategies for effective problem-solving and decision-	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent and communication in sexual relationships. Babies and Their Needs: Students will understand the developmental stages of infants, including their physical, emotional, and nutritional needs, and the importance of care and bonding for healthy development. Contraception: Students will learn about various contraception methods, including hormonal, barrier, and natural family planning
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals. Physical Activity Benefits: Students will gain knowledge about the importance of regular physical activity and its health benefits, such as improved cardiovascular health and mental well-being. Mental Well-Being: Students will learn about Recognising signs of stress and anxiety and explore strategies for managing mental health, including mindfulness and seeking support.	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support, and personal development. They will study the characteristics of healthy vs. unhealthy relationships. Accessing Help and Managing Risk: Students will gain knowledge about resources available for seeking help in situations of risk, including understanding risk factors and strategies for effective problem-solving and decision-making in challenging circumstances.	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent and communication in sexual relationships. Babies and Their Needs: Students will understand the developmental stages of infants, including their physical, emotional, and nutritional needs, and the importance of care and bonding for healthy development. Contraception: Students will learn about various contraception methods, including hormonal, barrier, and natural family planning techniques, focusing on how they work to
	11	healthy lifestyle, including balanced nutrition, regular physical activity, sufficient sleep, and mental well-being. Nutrition and Healthy Eating: Students will explore the basics of nutrition, focusing on the importance of food groups, portion sizes, and making healthier food choices to create balanced meals. Physical Activity Benefits: Students will gain knowledge about the importance of regular physical activity and its health benefits, such as improved cardiovascular health and mental well-being. Mental Well-Being: Students will learn about Recognising signs of stress and anxiety and explore strategies for managing mental health, including mindfulness and seeking support. Making Informed Health Choices: Students	successful transition to adult life, including practical life skills, financial literacy, and understanding their rights and responsibilities as adults. Understanding Personal Relationships: Students will explore various types of personal relationships (e.g., friendships, family, romantic) and their significance in fostering emotional well-being, social support, and personal development. They will study the characteristics of healthy vs. unhealthy relationships. Accessing Help and Managing Risk: Students will gain knowledge about resources available for seeking help in situations of risk, including understanding risk factors and strategies for effective problem-solving and decisionmaking in challenging circumstances. Personal Hygiene Awareness: Students will	changes that occur during puberty, including the development of secondary sexual characteristics and individual variability in these changes. Sexual Intercourse: Students will gain knowledge about sexual intercourse, covering the biological, physiological, and emotional aspects, as well as the importance of consent and communication in sexual relationships. Babies and Their Needs: Students will understand the developmental stages of infants, including their physical, emotional, and nutritional needs, and the importance of care and bonding for healthy development. Contraception: Students will learn about various contraception methods, including hormonal, barrier, and natural family planning techniques, focusing on how they work to prevent pregnancy and the importance of

		risks and benefits of lifestyle habits like smoking and alcohol consumption.	hygiene and health, including the basic principles of cleanliness. Finding Personal Care Products: Students will learn how to identify and locate personal care products in their community, including understanding the variety of options available and how to choose products that meet their personal hygiene needs. Personal Image and Its Impact: Students will explore the concept of personal image, including how it affects their self-esteem and the perceptions of others.	
		TERM 1	TERM 2	TERM 3
DUKE OF EDINBURGH (Bronze)	10	Introduction to DofE and Planning Overview of the DofE program, its purpose, and benefits. Discuss the requirements and sections of the Bronze Award. Setting personal goals for the award Brainstorming and selecting activities for each section (Volunteering, Physical, Skills). Discussion on the importance of commitment and consistency. Introduction to expedition planning (route mapping, choosing a location). Basics of navigation, map reading, and understanding safety protocols.	Volunteering and Skills Students select and start a volunteering project (e.g., helping in local charities, schools, or community organisations). Reflective journal entries on their experiences and the skills gained. Choose a skill to develop (e.g., cooking, photography, music). Weekly practice and reflection on progress, challenges, and achievements.	Physical Activity and Expedition Students choose a physical activity (e.g., sports, dance, hiking). Regular participation and tracking improvements (e.g., fitness goals, distance covered). Safety training (first aid, emergency procedures). Practice hikes to build stamina and teamwork. Finalise expedition plans (food, equipment, and packing). Conduct the Bronze Award expedition (2 days and 1 night).
		TERM 1	TERM 2	TERM 3
DUKE OF EDINBURGH (Silver)	11	Introduction to Silver Overview of Silver Award requirements and differences from Bronze. Discussing individual goals and setting timelines. Selecting activities for Volunteering, Physical, and Skills sections. Planning and committing to these activities.	Volunteering and Skills Development (Silver) Initiate a new volunteering project or continue the previous one with greater responsibility. Reflective journals focusing on impact and personal growth. Choose a new or advanced skill to work on (e.g., leadership, advanced sports techniques). Regular practice and reflection on progress, challenges, and achievements.	Silver Award Expedition Preparation Choose a physical activity with more complexity (e.g., a new sport or increased intensity). Track progress and improvement over time. Focus on more complex route planning and navigation skills. Team formation and role allocation for the expedition. Safety training specific to silver requirements (e.g., advanced first aid). Practice hikes focusing on team navigation and endurance.

					Conduct the Silver Award expedition (3 days and 2 nights).
			TERM 1	TERM 2	TERM 3
EQUALS MOVING ON PROGRAMME (Adventurer)	Science	10	between temperature and heat, understanding that temperature measures how hot or cold something is, while heat is the energy transferred between objects due to a temperature difference. Students will learn about the three states of matter (solid, liquid, gas) and how heating and cooling can cause changes in state (e.g., melting, freezing, boiling). Students will learn about everyday	Electricity and man-made energy Students will learn about basic electrical concepts. They will understand how electricity flows through a circuit and the role of components like batteries, wires, and light bulbs in completing a circuit. Students will gain knowledge about various sources of man-made energy, such as fossil fuels, nuclear power, and renewable energy sources (solar, wind, and hydroelectric). students will learn important electrical safety practices, including how to handle electrical devices safely, the importance of avoiding water around electrical outlets, and recognising hazards related to electricity.	Mini Beasts and insects Identification and Characteristics: Students will learn to identify various mini beasts and insects, focusing on their key characteristics such as body structure (number of legs, wings, and antennae) and typical habitats. Life Cycles and Ecological Roles: Students will explore the life cycles of insects, understanding stages of development (e.g., metamorphosis) and the important roles insects play in ecosystems, including pollination and decomposition. Observational Skills and Scientific Inquiry: Students will develop observational and scientific inquiry skills by engaging in hands- on activities, such as collecting and observing insects, recording their findings, and discussing their experiences to foster critical thinking.

Independent	Citzenship The emergency services The student will learn about and experience the emergency services. Local current affairs The student will learn about and experience local current affairs. Local environmental issues The student will learn about and experience local environmental issues			Leisure and Recreation School lunchtime or after school club The student will learn about and experience school lunchtime or after school club. Dance The student will learn about and experience dance. Aromatherapy/beauty therapy The student will learn about and experience aromatherapy/beauty therapy.		Daily Living Skills House/ indoor gardening The student will learn about and experience house/indoor gardening Preparing snacks The student will learn about and experience preparing snacks Cleaning routines The student will learn about and experience cleaning routines.	
World Studies/ Vocational Studies		hats and/or masks. Changing basic food recipes The student will learn about and experience changing basic food recipes. Design and decoration The student will learn about and experience design and decoration. of a Europea Lifestyle student about experien lifestyle target a country. Wider The student al experien experien wider cu	e: The will learn and ce the will learn and ce the of the curopean Culture: dent will learn and ce the curopean	about and experience making and using	Humanities Religions, worship and festivals the student will learn about and experience religions worships and festivals. Seas, rivers and lakes The student will learn about and experience seas, rivers and lakes. Kings and queens The student will learn about and experience kings and queens.	Planning Team work The student experience to A job study The student experience of Safety at so The student	will learn about and seam work at school. will learn about and a job study.
EQUALS ON PRO(11	Materials in the Home Types of Materials and Their Properties: Students will learn	about led	atural Energy ypes of Natural Energy So arn about different types o	of natural energy	Endangered S Understanding Students will I	ng Endangered Species: earn what it means for a
epueips UALS MOVING PROGRAMME (Explorer)	11	various materials commonly for the home, such as wood, metal, plastic, and fabric. They will understand the physical proper these materials, including stren	glass, gehaties of pr	ources, including solar, wind eothermal, and biomass. Th ow these sources harness e rocesses and the conditions neir effectiveness.	ney will understand energy from natural	criteria that cl endangered o	endangered, including the lassify a species as or critically endangered. They e concepts of biodiversity and

	durability, insulation, and resistance to moisture. Uses and Functions of Materials: Students will explore how different materials are used in household items and construction, discussing the specific functions they serve. For example, they will learn why wood is often used for furniture, plastic for containers, and glass for windows.	Benefits of Natural Energy: Students will explore the advantages of using natural energy, such as reduced greenhouse gas emissions, sustainability, and lower long-term costs compared to fossil fuels. They will also discuss the role of natural energy in combating climate change and promoting environmental health. Applications of Natural Energy: Students will gain knowledge about how natural energy is utilised in everyday life, including solar panels	the importance of each species within an ecosystem. Causes of Endangerment: Students will gain knowledge about the various factors that contribute to the endangerment of species, such as habitat destruction, pollution, climate change, poaching, and invasive species. They will understand how human activities impact wildlife and ecosystems.
	Environmental Impact and Sustainability: Students will gain awareness of the environmental impact of materials used in the home, including issues related to recycling, waste, and sustainability. They will learn about eco-friendly alternatives and the importance of choosing materials that reduce harm to the environment.	for electricity, wind turbines for power generation, and biomass for heating. They will learn about local and global examples of natural energy projects and their impact on communities.	Conservation Efforts: Students will learn about the importance of conservation and the efforts made to protect endangered species, including laws, protected areas, and rehabilitation programs. They will explore ways individuals and communities can contribute to conservation efforts, such as supporting wildlife organizations and sustainable practices.
Independent Living	Citzenship Mini enterprise financial planning The student will learn about and experience mini enterprise financial planning. National current affairs The student will learn about and experience national current affairs. National environmental issues The student will learn about and experience national environmental issues The student will learn about and experience national environmental issues.	Leisure and Recreation Making a collection The student will learn about and experience making a collection. Swimming The student will learn about and experience swimming. Hydrotherapy/gym The student will learn about and experience hydrotherapy/gym.	Daily Living Skills Outdoor gardening The student will learn about and experience outdoor gardening. Preparing picnics The student will learn about and experience preparing picnics. Using cleaning products The student will learn about and experience cleaning products.

World Studies/Vocational Studies	Technology Making a display item The student will learn about and experience making a display item. Making healthy soups The student will learn about and experience making healthy soups. Using resistant materials The student will learn about and experience resistant materials.	Foreign Cultures Asian cultures: language The student will learn about and experience Asian language. Asian cultures: lifestyles The student will learn about and experience Asian lifestyles. Asian cultures: wider cultures The student will learn about and experience Asian wider cultures.	Creativity Classical musical appreciation The student will learn about and experience classical music appreciation. Art – 2D representation the student will learn about and experience 2D representation. Drama – Movement and gesture The student will learn about and experience movement and gesture.	Humanities Religions, worship and festivals The student will learn about and experience religions, worship and festivals. Population: cities, towns and villages The student will learn about and experience population: cities, towns and villages. Modern times The student will learn about and experience modern times.	Work related Learning and Post School Planning Voluntary jobs in the community The student will learn about and experience voluntary jobs in the community. Work experience in school or college The student will learn about and experience work experience in school or college. First aid and getting help The student will learn about and experience first aid and getting help. Valued individual choices The student will learn about, and experience valued individual choices. Self-presentation The student will learn about and experience self-presentation. Personal careers action plan The student will learn about and experience self-presentation.	
	TERM 1		TERM 2	Т	TERM 3	

OPTIONS	10	AQA UNITS – ENTRY 1, ENTRY 2, LEVEL 1, LEVEL 2, LEVEL 3 The AQA Unit Award Scheme (UAS) offers a wide range of units in many subjects, including: Art and design, Biology, Business, Chemistry, Computer science, Digital skills, English, French, Geography, and History ASDAN TOWARDS INDEPENDENCE ASDAN's Towards Independence course includes a variety of modules, including Cultural, Communication and numeracy, Creative studies, independent living, Leisure, recreation, and sport, Personal development, PSHE, and citizenship, Work related and widely accessible modules, including The Sensory Range					
OPTIONS		TERM 1	TERM 2	TERM 3			
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