

Meet Sammy

Sammy was 16 when he arrived at Bright Futures, transitioning from a Children's hospital into one of our adult residential homes. He was under weight, in a state of crisis, and required a high amount of medication to calm his anxieties.

In those first few months he struggled to settle and didn't take part in many activities. With the continued and resilient support from his care team they were able to ease those anxieties and integrate him back into education.

Our Approach

With a resilient and consistent care team in place, who worked closely with Sammy's family, shine therapy, consultant psychologists, along with our own specialist support team and external professionals, we've really seen his personality come to life.

All this hard work over a number of years has given him the opportunity to make some incredible memories and achieve so much. He completes independent tasks on a daily basis, gets out and about within his local community enjoying going shopping, swimming, eating out for lunch and tea amongst other things too.

One major highlight for Sammy is being able to go on holiday, with recent trips to Ribby Hall and Centre Parcs with his care team. What once seemed impossible has become the norm for Sammy and we can't wait to support him and continue this amazing progress.

His care team continue to support him in planning for his future, including regular trips to the steam train in the Lake District with his family.

Making the most out of life, taking trips and becoming more independent.

